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Catching the Big Fish

2007-12-27

in this unexpected delight filmmaker david lynch describes his personal methods of capturing and working with ideas and the immense creative benefits he has experienced from the practice of meditation now in a beautiful paperback edition david lynch s catching the big fish provides a rare window into the internationally acclaimed filmmaker s methods as an artist his personal working style and the immense creative benefits he has experienced from the practice of meditation catching the big fish comes as a revelation to the legion of fans who have longed to better understand lynch s personal vision and it is equally compelling to those who wonder how they can nurture their own creativity catching ideas ideas are like fish if you want to catch little fish you can stay in the shallow water but if you want to catch the big fish you ve got to go deeper down deep the fish are more powerful and more pure they re huge and abstract and they re very beautiful i look for a certain kind of fish that is important to me one that can translate to cinema but there are all kinds of fish swimming down there there are fish for business fish for sports there are fish for everything everything anything that is a thing comes up from the deepest level modern physics calls that level the unified field the more your consciousness your awareness is expanded the deeper you go toward this source and the bigger the fish you can catch from catching the big fish

Catching the Big Fish

2016-09-06

for the 10th anniversary of david lynch s bestselling reflection on meditation and creativity this new edition features interviews with paul mccartney and ringo starr when it first appeared in 2006 david lynch s catching the big fish was celebrated for being as close as lynch will ever come to an interior shot of his famously weird mind rocky mountain news now for the bestseller s 10th anniversary lynch dives deeper into the creative process and the benefits of

transcendental meditation with the addition of his exclusive q and a interviews with paul mccartney and ringo starr the musicians open up to lynch about their artistry history and the benefits they have experienced artistically and personally from their decades long practice of transcendental meditation a technique that they and their fellow beatles helped popularize in the 1960s catching the big fish is a revelation for all want to understand lynch s personal vision and it is equally compelling for any who wonder how they can nurture their own creativity

Catching the Big Fish

2016-01-13

david lynch äußert sich selten zu seinen filmen und seinem künstlerischen schaffen in den großen fisch fangen gibt er einblicke in seine arbeitsweise erzählt von seinem weg in die kunst prägenden begegnungen und erfahrungen und seiner perspektive auf kino filme und das filmen in kleinen kapiteln beleuchtet er nicht nur verschiedenste aspekte seiner kunst und gibt zahlreiche tipps an junge filmemacher er berichtet vor allem auch von der enormen bedeutung die seine jahrzehntelange tägliche praxis in transzendentaler meditation für sein kreatives schaffen hat so richtet sich sein buch nicht nur an eingefleischte lynch fans die mehr über die surrealen welten des meisterregisseurs erfahren wollen sondern an all jene die selbst auf der suche nach mehr kreativität und persönlichem wohlbefinden mit sich und der welt sind

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2014-11-20

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The Big Fish

2007-01-01

while debate continues in the fields of the sciences and humanities as to the nature of consciousness and the location of consciousness in the brain or as a field phenomenon in the vedic tradition consciousness has been understood and continues to be articulated as an infinite field of intelligence at the basis of all forms of existence this infinite field of intelligence is accessible to human awareness being the very nature of the mind and the structuring dynamics of the physiology from the dna to the cell tissues organs and to the whole body and its sophisticated functioning this two part volume the big fish consciousness as structure body and space considers in part one the vedic approach to consciousness specifically referencing maharishi vedic science and discusses themes pertinent to the arts including perception and cognition memory as awareness history and culture artistic performance and social responsibility observatory instruments as spaces and structures to enhance consciousness and beyond metaphor architectural sites as multi layered enclosures of the brain detailed in the shrimad devi bhagavatam and as cosmic habitat or vastu aligned to the celestial bodies presenting some more general consciousness based readings part two includes essays by various authors on agnes martin and her views on art perfection and the classic unified field based education and freedom of expression versus censorship in art prints from the renaissance to the contemporary era as allegories of consciousness the work of australian artist michael kane taylor as beyond a modern postmodern dichotomy the photographic series

the ocean of beauty by mark paul petrick referencing the vedic text the saundarya lahari a
deleuzian analysis of the dual screen multi arts work reverie i and an account of the making of
reverie ii a single screen video projection inspired by the idea of dynamics of awareness this
book therefore presents a broad range of interests and reading while offering a unique yet
profoundly transformative perspective on consciousness

Fact & Fiction Hunting & Fishing Stories

2010-07

fact fiction hunting fishing stories is a book for anyone who loves to hunt or fish it is an anthology of short stories both fictional and non fictional all taken from author chambliss johnston s own experiences have a son or daughter who likes to hunt or fish with you there are many stories here for you to read about similar experiences that you possibly have had with them and maybe learn a lesson or two want to take a quick trip to africa india or central america to hunt or fish without ever leaving you own home you will travel around a lot by reading this book have a special dog in your family there are dog stories too there is a tale in the book for nearly every kind of outdoorsman fact fiction hunting fishing stories contains a story on everything from bass fishing to big game hunting written with the insight of a hemingway and the enthusiasm of zane grey laugh and maybe cry a bit as you read these special stories



2020-10

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Focus On: 100 Most Popular English-language Film Directors

Focus On: 100 Most Popular English-language Film Directors

2017-10-31

unlock your creative potential with the world s most imaginative chefs in this groundbreaking exploration of culinary genius the authors of the flavor bible reveal the surprising strategies great chefs use to do what they do best beyond a cookbook kitchen creativity is a paradigm shifting guide to inventive cooking without recipes that will inspire you to think improvise and cook like the world s best chefs great cooking is as much about intuition and imagination as it is about flavor and technique kitchen creativity distills brilliant insights into these creative processes from more than 100 top restaurant kitchens including the bazaar blue hill daniel dirt candy eleven madison park and the nomad gramercy tavern the inn at little washington le bernardin oleana rustic canyon saison single thread and topolobampo based on four years of extensive research and dozens of in depth interviews kitchen creativity illuminates the method and occasional madness of culinary invention part i reveals how to learn foundational skills including how to appreciate taste and season classic dishes stage 1 mastery before reinventing the classics from a new perspective stage 2 alchemy einstein s secret of genius combinatorial play pushes chefs to develop unique creations and heighten their outer and inner senses stage 3 creativity part ii s a to z entries are an invaluable culinary idea generator with exercises to prompt new imaginings you ll also discover experts criteria for creating new dishes desserts and drinks comprehensive seasonality charts to spark inspiration all year long how to season food like a pro and how to create complex yet balanced layers of flavor the amazing true stories of historic dishes like how desperate maitre d nacho anaya invented nachos and proven tips to jump start your creative process the ultimate reference for culinary brainstorming kitchen creativity will spur your creativity to new heights both in the kitchen and beyond

Kitchen Creativity

2017-01-15

few contemporary television shows have been subjected to the critical scrutiny that has been brought to bear on David Lynch and Mark Frost's *Twin Peaks* since its debut in 1990 yet the series and the subsequent film *Fire Walk with Me* are sufficiently rich that it's always possible for a close analysis to offer something new and that's what Franck Boulègue has done with *Twin Peaks* unwrapping the plastic through Boulègue's eyes we see for the first time the world of *Twin Peaks* as a coherent whole one that draws on a wide range of cultural source material including surrealism transcendental meditation Jungian psychoanalysis mythology fairy tales and much much more the work of a scholar who is also a fan the book should appeal to any hardcore *Twin Peaks* viewer

Twin Peaks

2023-06-20

in the age of networked publics and global viral publicity celebrity is transnational its circulation illuminates global national and local dynamics of power and resistance celebrity shapes concepts of race gender class and national identity on a global scale governments use transnational celebrity as evidence of their country's cultural power transmuting cultural influence into economic and political power meanwhile celebrities who cross borders become potent and contested icons of national identity at the grassroots level citizens in diverse geographic contexts are becoming increasingly fluent in the global language of celebrity and are mobilizing it in new ways for personal and political projects reaching beyond the global north this book showcases research on transnational celebrity as a technology of soft power and counter hegemonic organizing and as a driver of discourses of race and migration it also explores self presentation and self branding in the globalized attention economy this book demonstrates the need for a renewed politicized treatment of the topic of celebrity in its

transnational and globalizing reach the chapters in this book were originally published in the journal popular communication

Global Politics of Celebrity

2023-05-09

expanding upon one of his high level foundational teachings strategic coach co founder dan sullivan explains why achieving 10x growth is easier than going for 2x growth dan sullivan the world s leading coach for highly successful entrepreneurs wants you to know that achieving 10x growth is exponentially easier than striving for 2x growth most find this idea confusing at first because simply imagining 10x growth causes them to think they need to do 10x more work to achieve it however being a 10x entrepreneur is nothing like what most people think 10x is not the outcome it s a counterintuitive process you can apply every time you want exponential growth in your life and business to make 10x possible you must focus on expanding what dan defines as your four most important freedoms time money relationship and purpose as your time becomes 10x more valuable you increasingly multiply the money you earn both in terms of amount and profitable satisfaction as money becomes a tool you can increasingly access with greater ease you will engage with a growing number of other freedom motivated individuals as both your professional and personal life fills up with 10x more unique and collaborative relationships you will realize that your most powerful purposes in all areas become 10x more lasting and positive for everyone involved you will be impressed by what your life has become and the meaning and impact you re having 10x is fundamentally about quality vs quantity and the quality of your freedoms determines the results you achieve

10x Is Easier Than 2x

2016-02-01

by playing with notions of collecting and cataloging this anthology offers a range of investigations into detritus and forgotten ephemera colin dickey coeditor of the morbid

anatomy anthology the modern age is no stranger to the cabinet of curiosities the freak show or a drawer full of odds and ends these collections of oddities engagingly work against the rationality and order of the conventional archive found in a university a corporation or a governmental holding in form methodology and content the year's work in the oddball archive offers a counterargument to a more reasoned form of storing and recording the avant garde or the post avant garde the perverse the off the bent the absurd the quirky the weird and the queer to do so it positions itself within the history of mirabilia launched by curiosity cabinets starting in the mid fifteenth century and continuing to the present day these archives or are they counter archives are located in unexpected places the doorways of katrina homes the cavity of a cow the remnants of extinct animals an internet site and they offer up alternate modes of knowing to the traditional archive an unruly and much needed model for how to do the archive differently scott herring author of the hoarders material deviance in modern american culture it was a pleasure to read through this collection and i suspect some of the essays if not the entire book will find itself on the syllabus for my archive and ephemera graduate course museum anthropology review a finely wrought collection of curiosities a vital intervention into how we talk about the stuff that surrounds us colin dickey coeditor of the morbid anatomy anthology

The Year's Work in the Oddball Archive

2013-11-07

in the last few decades literary critics have increasingly drawn insights from cognitive neuroscience to deepen and clarify our understanding of literary representations of mind this cognitive turn has been equally generative and contentious while cognitive literary studies has reinforced how central the concept of mind is to aesthetic practice from the classical period to the present critics have questioned its literalism and selective borrowing of scientific authority mindful aesthetics presents both these perspectives as part of a broader consideration of the ongoing and vital importance of shifting concepts of mind to both literary and critical practice this collection contributes to the forging of a new interdisciplinarity to paraphrase alan

richardson s recent preface to the neural sublime that is more concerned with addressing how rather than why we should navigate the increasingly narrow gap between the humanities and the sciences

Mindful Aesthetics

2014-03-25

in thrive arianna huffington makes an impassioned and compelling case for the need to redefine what it means to be successful in today s world arianna huffington s personal wake up call came in the form of a broken cheekbone and a nasty gash over her eye the result of a fall brought on by exhaustion and lack of sleep as the cofounder and editor in chief of the huffington post media group one of the fastest growing media companies in the world celebrated as one of the world s most influential women and gracing the covers of magazines she was by any traditional measure extraordinarily successful yet as she found herself going from brain mri to cat scan to echocardiogram to find out if there was any underlying medical problem beyond exhaustion she wondered is this really what success feels like as more and more people are coming to realize there is far more to living a truly successful life than just earning a bigger salary and capturing a corner office our relentless pursuit of the two traditional metrics of success money and power has led to an epidemic of burnout and stress related illnesses and an erosion in the quality of our relationships family life and ironically our careers in being connected to the world 24 7 we re losing our connection to what truly matters our current definition of success is as thrive shows literally killing us we need a new way forward in a commencement address arianna gave at smith college in the spring of 2013 she likened our drive for money and power to two legs of a three legged stool they may hold us up temporarily but sooner or later we re going to topple over we need a third leg a third metric for defining success to truly thrive that third metric she writes in thrive includes our well being our ability to draw on our intuition and inner wisdom our sense of wonder and our capacity for compassion and giving as arianna points out our eulogies celebrate our lives very differently from the way society defines success they don t commemorate our long hours in the office

our promotions or our sterling powerpoint presentations as we relentlessly raced to climb up the career ladder they are not about our resumes they are about cherished memories shared adventures small kindnesses and acts of generosity lifelong passions and the things that made us laugh in this deeply personal book arianna talks candidly about her own challenges with managing time and prioritizing the demands of a career and raising two daughters of juggling business deadlines and family crises a harried dance that led to her collapse and to her aha moment drawing on the latest groundbreaking research and scientific findings in the fields of psychology sports sleep and physiology that show the profound and transformative effects of meditation mindfulness unplugging and giving arianna shows us the way to a revolution in our culture our thinking our workplace and our lives

Thrive

2016-06-27

the death of german idealism has been decried innumerable times since its revolutionary inception whether it be by the 19th century critique of western metaphysics phenomenology contemporary french philosophy or analytic philosophy yet in the face of two hundred years of sustained extremely rigorous attempts to leave behind its legacy german idealism has resisted its philosophical death sentence for this exact reason it is timely ask what remains of german idealism in what ways does its fundamental concepts and texts still speak to us drawing together new and established voices from scholars in kant fichte hegel and schelling this volume offers a fresh look on this time honoured tradition it uses myriad of recently developed conceptual tools to present new and challenging theories of its now canonical figures

Rethinking German Idealism

2011-02-18

the editors william j devlin and shai biderman have compiled an impressive list of contributors to explore the philosophy at the core of david lynch s work lynch is examined as a

postmodern artist and the themes of darkness logic and time are discussed in depth

The Philosophy of David Lynch

2002-11

David Lynch is a postmodern artist and the themes of darkness logic and time are discussed in depth. In 1961, he was born in 32nd Street, New York City. He is a filmmaker, painter, and actor. He is known for his dark and surreal films, including 'Inland Empire', 'Mulholland Drive', and 'The Elephant Man'. He is also known for his work in the music industry, including his band 'The Love and Rockets'.

David Lynch

2010-05-18

ruthann russo has been a vegetarian and vegan for more than 20 years and in 2007 became a passionate raw food enthusiast she brings that passion to the pages of this comprehensive introduction to raw and live food in simple encouraging language she conveys a wealth of information from the philosophy of raw food nutrition to how it affects the body to how to transition from a regular diet to one that promotes physical emotional and spiritual health using examples from her own life russo lays out a practical plan for making the switch that starts with realizing the need to change one s diet and health and then stresses small dietary changes to discover what raw foods work and assessing reactions she profiles cacao raw sweeteners water ph level of foods juices versus smoothies salt the process of dehydrating food garlic and onions and overall food preparation russo highlights what supplements superfoods vitamins green products to include in the diet she emphasizes the spiritual aspects of the movement as well exploring meditation yoga buddhism peacefulness and fasting

The Raw Food Lifestyle

2007

the greatest creators in human history from mozart to meryl streep jackson pollock to jay z don t just have talent they also understand their motivations for pursuing art what s your creative type helps artists do the same in a fun and witty way stepping away from the hyper focus on how people create what s your creative type instead explores why by identifying your creative motivation type you ll be able to find renewed energy overcome creative blocks and release the artist within drawing from creativity theory and personality typology each chapter of the book is devoted to a creative type from the a lister seeking recognition to the activist who wants to change the world what s your creative type is peppered with pop culture studies of famous artists and illustrates each type with entertaining examples from legendary figures whether you re a seasoned artist or writer in search of inspiration or simply looking to explore your budding creative talents and motivations what s your creative type has fresh and reliable advice and insight for you



2017-04-11

the accompanying journal learn to let go out now life changing sara makin founder ceo of makin wellness if you learn to let go your life will take off when you let go you live intuitively everything flows because you are no longer attached to things being a certain way to being a certain person or always being right what a relief the irony is that when you feel stuck in any area of your life career relationships purpose health or money letting go can seem very hard you cling on for dear life just at the moment you need to take the leap in the power of letting go john purkiss explains why we should let go and how we can do it using proven techniques to make things happen the stages of letting go be present and enjoy each moment let go of the thoughts that keep you stuck let go of the pain that runs your life surrender and tune into something far more intelligent than your brain

What's Your Creative Type?

2020-02-06

the first edition of a symphony of silence an enlightened vision was inspired by the desire to share with humanity through multiple voices the ineffable beauty we experience in our lives when the veil of ignorance is pulled back and the wonder of our essential nature is revealed the voices emerging from these pages add vitality and validity to our shared experience of the silence of the transcendent it is not something beyond our reach but a reality that has always been with us quietly awaiting an opportunity to unfold in this second edition of a symphony of silence several new voices are added to the chorus of the first edition a catholic priest tells us of using tm as part of his inspired vision of the power of love to transform the lives of abused and destitute children from the streets of south america the founding director of an orphanage and school in uganda who likewise brings tm to children in need describes to us his compassionate resolve to eradicate suffering within his community a poet expresses for us in verse the joy of a seeker reaching for the light a scientist and his colleagues show us the power of tm to reduce stress and alleviate ptsd in the field of law enforcement an actor director producer and entrepreneur explores with us his innovative projects for inner city students through edutainment women who for decades dedicated themselves to introducing the tm program to their multicultural community share with us delightful and very personal stories a pioneering social activist brings us into the conversation he had with maharishi in 1968 at a conference in squaw valley california he talked candidly with maharishi about the need to introduce tm as a tool to bring inner freedom to the inner cities helping to fulfill the quest for true civil rights the voices in a symphony of silence create a glimpse into the vast impact that maharishi has on many lives throughout the world

The Power of Letting Go

2015-05-01

everyone knows what noise is or do they can we in fact say that one man's noise is another teenager's music is noise in fact only an auditory phenomenon or does it extend far beyond this realm if our common definitions of noise are necessarily subjective and noise is not just unpleasant sound then it merits a closer look or listen greg hainge sets out to define noise in this way to find within it a series of operations common across its multiple manifestations that allow us to apprehend it as something other than a highly subjective term that tells us very little examining a wide range of texts including sartre's novel nausea and david lynch's iconic films eraserhead and inland empire hainge investigates some of the twentieth century's most infamous noisemongers to suggest that they're not that noisy after all and it finds true noise in some surprising places the result is a thrilling and illuminating study of sound and culture

A Symphony of Silence: An Enlightened Vision 2nd Edition

2013-03-14

films are modern spiritual phenomena they function as such in at least three profound ways world projection thought experiments and catharsis i.e. as dreams doubt and dread understanding film in this way allows for a theological account of the experience that speaks to the religious possibilities of film that far extend the portrayal of religious themes or content dreams doubt and dread the spiritual in film aims to address films as spiritual experiences this collection of short essays and dialogues examines films phenomenologically through the experience of the viewer as an agent having been acted upon in the functioning of the film itself authors were invited to take one of the main themes and creatively consider how film in their experiences has provided opportunities for new modes of thinking contributors will then engaged one another in a dialogue about the similarities and differences in their descriptions of film as spiritual phenomena the intended aim of this text is to shift contemporary theological film engagement away from a simple mode of analysis in which theological concepts are simply read into the film itself and begin to let films speak for themselves as profoundly spiritual experiences

Noise Matters

2016-08-24

timothy deane freeman traces deleuze s remarks about the digital to reveal both their origins and implications in so doing we encounter a position which is fundamentally ambiguous on the one hand digital techniques are intimately related to what deleuze calls societies of control which deploy them in order to close down potential spaces of creativity and resistance on the other digital images take up the mantle of cinema displacing habitual forms of cognition and forcing us to think in new ways deane freeman traces these dual impulses through the images of cinema television and social media as well as explicating key deleuzian concepts including virtuality immanence and the outside

Dreams, Doubt, and Dread

2024-05-31

enhance your dreaming with groundbreaking research and wisdom from vivid dreamers throughout history sacred texts and the present day we re asleep almost a third of our lives what if those sleeping hours hold wisdom creativity and even connection with the divine what if our dreams offer spiritual insight and guidance not just for ourselves but for our communities in the spirituality of dreaming leading dream scholar and expert dr kelly bulkeley brings us a set of time honored methods to stimulate innate dreaming capacities and amplify their impact in our waking lives dreams have been a perennial source of spiritual insight and guidance across all cultures and religions throughout history he asserts but the sacred energy of our dreams has often remained untapped relying on years of research data analysis and interviews bulkeley offers wisdom and strategies from big dreamers people who have vivid intense dreams and remember them he also distills the latest findings on dreams the impact of digital technologies on our dreams the phenomena of lucid dreaming and dreaming incubation practices of dream sharing the creative role of dreams in cultural innovation and

the growing evidence that animals dream too in conversation with people who care about dreams and spirituality bulkeley makes a case for taking ourselves seriously as dreaming visionaries by drawing on classic and contemporary works of theology anthropology and psychology along with the latest dream research bulkeley maps the spiritual power of dreaming and argues that our dreams matter in ways we do not yet fully realize both individually and collectively together we can learn how to unlock the sacred truths revealed within our sleeping selves

Deleuze, Digital Media and Thought

2023-12-05

52 weeks of yoga practice wisdom and ritual to help you slow down restore balance and nourish mind body and spirit sequenced by the astrological calendar the yoga almanac is a practical guide to help you reintegrate with recurring cosmic rhythms and invite the sacred into your life through learning movement breath and ritual featuring 52 seasonally themed chapters the almanac is a comprehensive jumping off point to deepen your relationship to yoga and to yourself each chapter includes a seasonal theme with an overview of yogic theory as well as an illustrated asana to begin the physical exploration of your practice you ll also find weekly rituals to integrate these teachings into your daily life and a short dharma talk as reference and nod to tradition finally this unique holistic handbook will help you develop a transformational practice that flows with the cycles of the astrological year beginning with spring and culminating in winter whether you re looking for weekly inspiration a crash course in yogic theory or a blueprint for developing your own yoga routine the yoga almanac provides a foundation for reconnecting with the deepest parts of yourself and discovering your authentic place in the world

The Spirituality of Dreaming

2020-03-01

the new principia book 1 deals with the start of the new principia important scientific work related to questions such as how to find god how to travel in time travels in outer space plus resolving the andromeda paradox and more with proper explanations and some working methods for handling ouija boards near death experiences astral projection hypnosis consciousness super intelligent machines and others with the new principia the sky is not the limit

The Yoga Almanac

2018-12-04

the present collection examines the many different ways in which religions appeal to the authority of science the result is a wide ranging and uniquely compelling study of how religions adapt their message to the challenges of the contemporary world

The New Principia

2010-11-19

a surreal and darkly humorous vision david lynch s eraserhead 1977 has been recognised as a cult classic since its breakout success as a midnight movie in the late 1970s claire henry s study of the film takes us into its netherworld providing a detailed account of its production history its exhibition and reception and its elusive meanings using original archival research she traces how lynch took his nightmare of philadelphia to the city of dreams infusing his la shot film with the industrial cityscapes and sounds of the callowhill district henry then engages with eraserhead s irresistible inscrutability and advances a fresh interpretation reframing auteurism to centre lynch s creative processes as a visual artist and transcendental meditation practitioner finally she outlines how lynch s dream of dark and troubling things became a model midnight movie and later grew in reputation and influence across broader film culture from the opening chapter on eraserhead s famous baby to the final chapter on the film s tentacular influence henry s compelling and authoritative account offers illuminating new

perspectives on the making and meaning of the film and its legacy through an in depth analysis of the film s rich mise en scène cinematography sound and its embeddedness in visual art and screen culture henry not only affirms the film s significance as lynch s first feature but also advances a wider case for appreciating its status as a film classic

Handbook of Religion and the Authority of Science

2023-05-04

lessons for leaders on resolving the ongoing struggle between instinct and the creative mind kings heads of government and corporate executives lead thousands of people and manage endless resources but may not have mastery over themselves often leaders know that right action is important but have little if any understanding of what prevents them from acting in accordance with their intentions in this important book leadership expert richard daft portrays this dilemma as a struggle between instinct elephant and intention the executive using the most current research on the intentional vs the habitual mind to explain how this phenomenon occurs based on current research and real life examples offers leaders a method for directing themselves more productively written by an expert in leadership organizational performance and change management through real life examples and recent studies in psychology management and eastern spirituality daft provides guidance to all of us who struggle finding our own balance and cultivating the behavior of others

Eraserhead

2010-07-06

this edited collection offers an interdisciplinary study of twin peaks the return the third season of a tv program that has attracted the attention and appreciation of spectators fans and critics for over two decades the book takes readers into several distinct areas and addresses the different approaches and the range of topics invited by the multidimensionality of the subject itself the philosophical the artistic the socio cultural and the personal the eighteen chapters

constituting the volume are academic in their approach to the subject and in their methodology whether they apply a historical psychoanalytical film studies or gender studies perspective to the text under examination the variety and range of perspectives in these aforementioned chapters reflect the belief that a study of the full complexity of twin peaks the return as well as a timely assessment of the critical importance of the program requires both an interdisciplinary perspective and the fusion of different intellectual approaches across genres the chapters demonstrate a collective awareness of the tv series as a fundamental milestone in contemporary culture

The Executive and the Elephant

2019-01-04

learn how to improve your intuition from a professional intuitive in angel intuition psychic and angel expert tanya carroll richardson teaches you about your sixth sense so you can receive more divine guidance to improve every area of your life tanya picks up where she left off in her first bestselling angel book angel insights offering even more information about angels and other members of your spiritual guidance squad spirit animals ascended masters like buddha and mother mary loved ones who ve passed on and your soul s own higher self tanya shares how she discovered and honed her intuitive gifts and gives you the knowledge and practical exercises to understand and develop your abilities as well find out how we receive information via the four clairs clairaudience clairvoyance claircognizance and clairsentience take a quiz to help you get more in touch with your sensitivity and to learn where you fall on the intuition spectrum discover the eleven most common ways that angels send you guidance learn tanya s twenty five golden rules of intuition and receive clues about your own past lives soul archetypes and current destiny take your intuition to the next level with this fun informative encouraging book

Critical Essays on Twin Peaks: The Return

2018-12-08

the art of you offers great insights and steps on how to cultivate creativity this is essential reading for anyone looking to share their unique experience to foster deep connections and to inspire others yung pueblo 1 new york times bestselling author from conscious creativity leader james mccrae comes a guide to reclaim creativity as a sacred path to healing awaken your sense of wonder execute your craft and reclaim the artist within creativity is not a rare skill to be accessed by a privileged few it is your nature a sacred practice that awakens your inner child and offers medicine to the soul sometimes we become disconnected from this inner magic but the art of you unlocks the secrets of the creative process whatever form your art takes writing painting music business performance marketing technology or social media content this guide will help you actualize your unique higher purpose turn your imagination into reality and transform both yourself and the world around you the art of you is centered around the yin and yang of creativity a signature framework for understanding and mastering the creative process inspired by the ancient practice of taoism yin and yang represent equal and opposite universal energies stillness and action the inner world and the outer world presented in an engaging visual style with word art poems memes illustrations and rituals the art of you is designed to help you find creative alignment purpose and flow the first half is yin creative being which focuses on topics like cultivating intuition the power of imagination learning from creative guides and transmuting emotion into inspiration the second half is yang creative doing which focuses on developing your craft finding your unique style launching projects growing an audience and practicing creativity for social impact in a world of increasing uncertainty creativity is more important than ever art is alchemy james mccrae says it transmutes pain into beauty when we create art we open a tiny portal to the soul that brings light to a world of darkness in doing so we give others permission to do the same at its core creativity isn't only about making art it's about being an independent thinker you don't need tremendous talent you just need the courage to question conventional wisdom and trust your

creative nature it's time to share your vision with the world

Angel Intuition

2024-02-06

psychedelic experience presents a philosophical account of psychedelic experience a central premise of the book is that such experiences are mind revealing experiences and that they can be induced by means other than psychedelics in particular the book argues that psychedelic experiences can also be had as the result of meditation aiden lyon presents a unified conceptual framework for thinking about the different kinds of psychedelic experiences one may have as a result of psychedelics meditation and their combination this framework is then used to shed new light on various commonalities between psychedelics and meditation such as the ability to promote long lasting increases in mindfulness and their reputation for inducing mystical experiences finally the book uses these new philosophical resources to flip things around and shine the light back on philosophy itself arguing that psychedelic experiences can be used as tools for doing philosophy the result is a new approach to philosophy or the revival of an ancient one which integrates traditional analytic methods with a range of psychedelic techniques

The Art of You

2023-09-26

it has never been more important to be able to manage your time your resources and your self effectively the home and working landscape has changed immeasurably and finding ways to adapt push on and thrive is essential in this timely and necessary book george wilkinson draws on his own and others experiences to provide clear and practical steps to reframe perspective and turn new experiences into positive lessons in self leadership the book focuses on seven key elements achieving success the science behind personal successperseverance how we can use perseverance to reach our goalsemotional mastery how clever emotional

management can unlock a whole new life embracing failure why we must accept and embrace failure to succeed decision making a simple process to make those key decisions leading others why true leadership must start from within serving others how service to others brings about success for us packed with case studies and backed by research that illustrates the seven key elements of the book thrive 7 steps to successful self leadership provides the reader with the tools they need to regain and improve their self management skills leading to positive outcomes at work and home

Psychedelic Experience

2020-09-17

if you read one book about writing every week for a year what would you learn thanks to the self publishing revolution and events like national novel writing month the genre of writing craft books has exploded in recent years book editor kristen tate set out to read and review one writing advice book each week for a year from classics like e m forster s aspects of the novel and anne lamott s bird by bird to newer works like jane alison s meander spiral explode and jessica brody s save the cat writes a novel what she discovered was a dizzying array of approaches to writing plotters who know even the smallest details about characters before they write a word pantsers who blithely dive right into a draft without a plan anti adverb crusaders and advocates for complex sentences and always that the best way to learn is to read the kinds of books you want to write all the words is also a meditation on the challenges and pleasures of starting and sustaining a weekly practice of reading thinking and writing it s an optimistic encouraging book that will motivate you to keep reading and most importantly keep writing

Thrive

2020-02-10

romantik journal for the study of romanticisms is a multidisciplinary journal dedicated to the

study of romantic era cultural productions and concepts the journal promotes innovative research across disciplinary borders it aims to advance new historical discoveries forward looking theoretical insights and cutting edge methodological approaches the articles range over the full variety of cultural practices including the written word visual arts history philosophy religion and theatre during the romantic period c 1780 1840 but contributions to the discussion of pre or post romantic representations are also welcome since the romantic era was characterized by an emphasis on the vernacular the title of journal has been chosen to reflect the germanic root of the word but the journal is interested in all european romanticisms and not least the connections and disconnections between them hence the use of the plural in the subtitle romantik is a peer reviewed journal supported by the nordic board for periodicals in the humanities and social sciences nops

All the Words

2022-12-12

Romantik 2021

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