

Hikernut's Grand Canyon Companion: A Guide to Hiking and Backpacking the Most Popular Trails into the Canyon (Second Edition) 2013-01-07

thinking about hiking into the grand canyon if so this book is for you covering the central corridor trails including bright angel south kaibab and north kaibab trails which provide spectacular views and are among the most popular routes this guide has everything potential hikers need to safely navigate the canyon over 250 people are rescued from the inner canyon each year don't become a statistic read this book along with trail descriptions a comprehensive gear list rules and restrictions hiking tips and trip planning ideas award winning author brian j lane offers practical advice gleaned from over twenty years of hiking in and around the grand canyon and throughout the united states and canada packed with beautiful full color photos illustrations charts tables and maps this book is perfect for first time canyon explorers and was chosen by the ibpa as a benjamin franklin award winning finalist in 2008

The David Thompson Highway Hiking Guide - 2nd Edition 2016-03-02

another of rmb's best selling hiking books the david thompson highway hiking guide has been completely revised updated and redesigned for outdoors enthusiasts interested in experiencing a wide variety of easily accessible trails through stunning landscapes in west central alberta between the rolling foothills of the nordegg area and the towering peaks of banff national park all of these exceptional hikes start right from the highway you'll find everything from leisurely two hour walks to tougher three day backpacking journeys throughout regions as diverse as the old coal mining town of nordegg the bighorn range the cline river area the kootenay plains and the upper north saskatchewan valley hikers of all abilities will experience some of the most inspiring scenery glorious flora and fascinating history that western canada has to offer

A Gringo Guide to: Witchcraft/Pulque, Mescal, and Tequila 2024-04-04

a 30 page booklet about the practice of witchcraft in mexico now and in the past implements herbs and spells used in mexican witchcraft told by a 50 year resident plus a 30 page booklet about these spirits from production to imbibing the history surrounding the discovery and modern production all in one

San Miguel's History 2015-08-03

a twenty four page booklet of the history of san miguel de allende from the settlement through the war for independence with historic pictures

Discovering North Carolina's Mountains-to-Sea Trail 2014-07-01

jerry barker has long championed north carolina's mountains to sea trail mst and led its development for many years in discovering north carolina's mountains to sea trail he draws on that experience to take readers on a unique journey along the trail's full route sharing the rich history and stories that live on each segment connecting the trail to the indigenous history of western north carolina the long military presence near the carolina coast and more barker offers a new way to understand and appreciate not only the natural beauty of north carolina but also its people and history dedicated long distance hikers and day trippers alike will value and enjoy this armchair guide includes abundant illustrations with over fifty color photographs and maps for each of the mst's nineteen segments narrates significant histories related to each mst segment places prominent natural features of the trail in context introduces hikers to nearby attractions cultural heritage sites and trail towns jerry barker a writer and avid hiker is a former president of friends of the mountains to sea trail he lives in raleigh north carolina

Gillean Daffern's Kananaskis Country Trail Guide - 4th Edition 2023-03-31

with over 100 000 copies of the previous editions sold gillean daffern's bestselling hiking guides to kananaskis country have been completely reformatted revised and updated as the pre eminent expert on the area the author continues to offer something for every level of foot traveller be they novice or experienced hikers scramblers or backpackers gillean's clear and

detailed text enhanced with colour photos and maps enables everyone to navigate safely through this complex and beautiful area new each new volume includes exciting and previously unpublished trails and routes new all maps have been completely redrawn and enhanced new full colour photographs throughout do justice to the spectacular scenery of the canadian rockies

How to Hike Like a Pro 2017-01-30

with this how to guide readers will learn all the basic knowledge of hiking and the necessary skills and supplies needed to make a new hiker ready to make a fun filled and safe hike from etiquette to necessary gear to food and safety readers will learn what is needed to become a skilled hiker

Modernizing Product Development Processes 2015

product lifecycles have shortened due to competition rapidly changing markets emerging technology and regulation modernizing product development processes guide for engineers provides a foundation to focus on giving engineers entrepreneurs and innovators a guide to developing products with a new approach instead of a traditional product development cycle using the fundamental pillars of this book the authors demonstrate how to bridge the gap in today s product development cycle to improve time to market needs in a fast paced environment these pillars include learning from failures and doing harnessing creativity out of the box thinking front loading develop concepts early explore multiple possible solutions technology manufacturing readiness level modularity integrate common solutions in addition the authors prepare engineers to scale up production to meet customer demands in a dynamic environment by demonstrating how to establish strategies and road maps with a stage gate approach focused on harnessing creativity to build concepts technologies in early phases in today s era of innovation rapid technological growth and high consumer demand engineers must adapt and deliver products with reasonable engineered solutions and this book shows them how isbn 9781468605419 isbn 9781468605426 isbn 9781468605433 doi 10 4271 9781468605426

Around the world for 20 bucks! 2016-06

two young unemployed journalists sick of the work situation in spain grabbed a calculator and did the math 6 000 in rent 1 340 in gasoline everyday expenses taxes insurance gym and no income it was more expensive to sit at home with their arms crossed than to travel the world so they decided for nine months and across 28 countries to make their dream come true to travel around the planet and leave it all to take on the world they said goodbye to routine they strapped on their backpacks and they went in search of opportunities to discover new countries to dive into foreign culture and to end the adventure getting married on an idyllic beach in bali all this with a budget of only 20 per day per person in this book they tell all their stories tips and tricks to make sure a great trip is cheaper than to live in spain shall we travel

Popular Day Hikes 5 2018-12-25

popular day hikes is a series of bestselling books written for visitors and locals looking to hike scenic trails from well established staging areas these accurate attractive guides feature detailed maps and colour photographs to whet the appetite located in south central british columbia and situated between the cascade and columbia mountain ranges the southern okanagan valley extends from kelowna to osoyoos popular day hikes 5 south central okanagadescribes 35 accessible treks around kelowna west kelowna and westside road as well as penticton naramata oliver osoyoos summerland peachland and keremeos featuring robust vineyards fruit orchards desert like grasslands rich marshes ponderosa pine forests towering cliffs large lakes salmon streams modest peaks and a tremendous diversity of animal and plant life this stunning and diverse area is rich with dozens of unique hiking routes with distances ranging from 3 km to 20 km and from easy to strenuous this vibrant guide features routes available to all levels of day hiking enthusiasts

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