

# Download free Restless because you were made for more jennie allen

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esforzarnos tanto / Nothing to Prove: Why We Can Stop Trying So Hard

Chase Curriculum Kit

## Restless

2014-01-14

do you live for something or do you feel like you re just waiting to find your purpose many of us feel restless but that might not be a bad thing when our restlessness awakens our longing to be woven into god s story it can launch us into living the life of purpose god designed for us in restless bible study teacher and bestselling author jennie allen will help you discover a practical plan to identify the loose threads of your life and how to weave them together for god s glory and purpose jennie uses the story of joseph in the book of genesis to explain how his suffering gifts story and relationships fit into the greater tapestry of god s narrative and how our story can do the same in this book you will explore practical ways to identify the threads of your life learn how to intentionally weave those threads together discover how your gifts passions places and relationships are deliberate and meaningful not random speak the truth about your suffering it s possible it has produced the very thing you want to give back to the world what would happen if you spent the rest of your life running without reservation after his purposes for you to dive deeper into the restless message and further explore threads look for the restless study guide and video study from harperchristian resources

## **Restless Bible Leader's Guide**

2014-01-14

do you feel like you re just waiting to find your purpose do you want to live like you were made for more many of us feel restless and that might not be a bad thing when our restlessness awakens our longing to be woven into god s story it can launch us into living the life of purpose god designed for us in this video based small group bible study dvd video streaming sold separately bible study teacher and author of get out of your head jennie allen helps you discover a practical plan to identify the loose threads of your life and how to weave them together for god s glory and purposes jennie uses the story of joseph in the book of genesis to explain how his suffering gifts story and relationships fit into the greater tapestry of god s narrative and how our story can do the same in this study you will explore practical ways to identify the threads of your life learn how to intentionally weave those threads together discover how your gifts passions places and relationships aren t random they re deliberate and meaningful speak the truth about your suffering it s possible it has produced the very thing you want to give back to the world the restless leader s guide serves as a tool to prepare you in leading this study and to encourage you along the way it helps you as the leader to effectively point your group to the overarching theme of each lesson this guide includes the vision for restless session by session helps to guide your

group through the study addressing the needs of the various types of learners in your group walk through for using each piece of the study study guide videos and the conversation cards tips for leading a group and much more designed for use with the following items each sold separately restless study guide 9780849922367 restless video study 9780879922374 restless conversation card deck 9780879922824

## **Restless Bible Study Guide**

2014-01-14

do you feel like you re just waiting to find your purpose do you want to live like you were made for more many of us feel restless and that might not be a bad thing when our restlessness awakens our longing to be woven into god s story it can launch us into living the life of purpose god designed for us in this video based small group bible study dvd video streaming sold separately bible study teacher and author of get out of your head jennie allen helps you discover a practical plan to identify the loose threads of your life and how to weave them together for god s glory and purposes jennie uses the story of joseph in the book of genesis to explain how his suffering gifts story and relationships fit into the greater tapestry of god s narrative and how our story can do the same in this study you will explore practical ways to identify the threads of your life learn how to intentionally weave those threads together discover how your

gifts passions places and relationships aren't random they're deliberate and meaningful speak the truth about your suffering it's possible it has produced the very thing you want to give back to the world the restless study guide engages the mind and heart through stories bible study from the life of Joseph and threads a tool to help you see your own personal story and to uncover and understand the raw materials God has given you to use for His glory and purpose what would happen if you spent the rest of your life running without reservation after His purposes for you designed for use with the Restless Video Study 9780879922374 sold separately

## Restless Study Guide

2014-01-14

In Restless an 8-session video-based small group Bible study Bible study teacher and author Jennie Allen helps you discover a practical plan to identify the threads of your life and how to intentionally weave them together for God's glory and purposes Restless explores this important question do I matter and Jennie asks we live with lots of things lots of people but do we live for something using the story of Joseph Jennie explains how his suffering gifts story and relationships fit into the greater story of God and how our stories can do the same then she also introduces threads a tool to help you see your own personal story and to

uncover and understand the raw materials god has given you to use for his glory and purpose while on this planet the lessons in this study guide are engaging and interactive offering in depth bible study personal stories and projects enabling the teaching to move off the page and into your life sessions include restless god s story gifts suffering place people passions mystery designed for use with restless a dvd study 9780849922374 sold separately

## Restless Bible Study Guide plus Streaming Video

2024-12-24

are you numb bored are you afraid you re wasting your life we all desperately want to live for something we die a little inside when we think we aren t living for something and are ready to die when we think we can t but jennie allen says that the restlessness we feel might not be a bad thing when our restlessness awakens our longing for more of god it can be a catalyst to living the life of purpose god designed for us in restless an eight session video bible study jennie uses the story of joseph to explain how his suffering gifts story and relationships fit into the greater story of god and how our story can do the same in this study you will explore practical ways to identify the threads of your life learn how to intentionally weave those threads together discover how your gifts passions places and relationships aren t random they re deliberate and

meaningful speak the truth about your suffering it s possible it has produced the very thing you want to give back to the world the restless study guide engages the mind and heart through stories bible study from the life of joseph and implements a tool we call threads to help you see your own personal story and uncover the raw materials god has given you to use for his glory and purpose sessions and video run times restless 23 00 god s story 23 00 gifts 18 00 suffering 23 00 place 20 00 people 19 00 passions 19 00 mystery 20 00

## Nothing to Prove Bible Study Guide plus

### Streaming Video

2021-07-13

in this 8 session video study streaming included follow jennie allen through key passages in john s gospel that demonstrate how jesus is more than enough and how our thirsty hearts can only be quenched by the living water he offers too many of us walk through life feeling like we don t measure up we always seem to thirst for more we think if we could only work harder or be better we could be enough but the truth is we will never be enough and we don t have to be we don t have to prove anything because jesus has proven everything this study guide has everything you need for a full bible study experience including the study guide itself with discussion questions personal study prompts and a leader



s guide an individual access code to stream all eight video sessions online dvd also available separately jennie allen the visionary founder of the million strong if gathering invites us to take a different road than the one we ve been struggling along a path where our souls overflow with contentment and joy the nothing to prove bible study is a call to find freedom from self inflicted pressure by taking hold of what has already been given to you in christ overflow with christ s abundance and bring life to others make it your goal to know and love jesus then watch what he does in and through you grow in your knowledge of scripture with this exploration of the gospel of john no more pretending no more performing no more fighting to prove yourself as you wade in the refreshing truth that jesus alone is sufficient for all your needs discover what god can do through a soul completely in love with him streaming video access code included access code subject to expiration after 12 31 2027 code may be redeemed only by the recipient of this package code may not be transferred or sold separately from this package internet connection required void where prohibited taxed or restricted by law additional offer details inside previously published as proven

## ***Nothing to Prove Study Guide***

2021-07-13

too many of us walk through life feeling as if we don t measure up and

can never be enough but the truth is we will never be and thankfully we don't have to be the gospel of john teaches us that in jesus we have nothing to prove he alone is enough

## Get Out of Your Head

2020-01-28

new york times bestseller over one million copies sold you can choose hope in the midst of chaos the visionary behind the million strong if gathering challenges you to exercise your god given power to shift negative thinking patterns and take back control of your thoughts and emotions a must have resource for anyone looking to get control of their thoughts lysa terkeurst 1 new york times bestselling author and president of proverbs 31 ministries christian book award finalist named one of the best books of the year by cosmopolitan are your thoughts holding you captive i'll never be good enough other people have better lives than i do god couldn't really love me jennie allen knows what it's like to swirl in a spiral of destructive thoughts but she also knows we don't have to stay stuck in toxic thinking patterns as she discovered in her own life god built a way for us to escape that downward spiral freedom comes when we refuse to be victims to our thoughts and realize we have already been equipped with power from god to fight and win the war for our minds in get out of your head jennie inspires and equips us to transform our

emotions our outlook and even our circumstances by taking control of our thoughts our enemy is determined to get in our heads to make us feel helpless overwhelmed and incapable of making a difference for the kingdom of god but when we submit our minds to christ the promises and goodness of god flood our lives in remarkable ways it starts in your head and from there the possibilities are endless

## **The Letters of Jennie Allen to Her Friend Miss. Musgrove (Classic Reprint)**

2018-10-09

excerpt from the letters of jennie allen to her friend miss musgrove i guess you remember me i am short and stout and light complected i talked with you quite a spell about the sufferers and said wan t it awful about that earth quake i shouldn t wonder if they had another one right off seeing the general con dition of the country is kind of explosive i hate to take that black dress away from the sufferers but i will hunt round and see if i can get another one i will call to the armerry for the other one if you will jest lay it aside so no more at pressant from your true freind jennie allen about the publisher forgotten books publishes hundreds of thousands of rare and classic books find more at forgottenbooks com this book is a reproduction of an important historical work forgotten books uses state of the art technology to digitally reconstruct the work

preserving the original format whilst repairing imperfections present in the aged copy in rare cases an imperfection in the original such as a blemish or missing page may be replicated in our edition we do however repair the vast majority of imperfections successfully any imperfections that remain are intentionally left to preserve the state of such historical works

## Find Your People Bible Study Guide plus

### Streaming Video

2022-02-22

you aren't alone in feeling alone never in the history of civilization have we been more connected and felt more alone we are all so lonely what if the ways we have set up our lives are fundamentally broken in the find your people video bible study bestselling author jennie allen looks at the original community in genesis the trinity and the creation of people to see what god had planned for us all along jennie offers practical solutions for creating true community in a world that's both more connected and more isolating than ever before drawing on fascinating insights from science and history timeless biblical truth and vulnerable stories from her own life jennie helps us discover exactly how to dive into the deep end and experience the full wonder of community along the way we'll discover the five life patterns required to build deep connected relationships you were created to play engage adventure and explore with others because while

the ache of loneliness is real it doesn't have to be your reality this study guide has everything you need for a full bible study experience including the study guide itself personal study between sessions and a leader's guide an individual access code to stream all seven video sessions online dvd also available separately streaming video access code included access code subject to expiration after 12/31/2027 code may be redeemed only by the recipient of this package code may not be transferred or sold separately from this package internet connection required void where prohibited taxed or restricted by law additional offer details inside designed for use with the find your people conversation card deck sold separately

## Nothing to Prove

2017-01-31

the visionary behind the million strong if gathering challenges christian women to discover what it means to do life with god rather than always striving to impress him in this trade paperback edition of her perspective shifting work which now includes bonus material to enhance your book club experience including discussion questions and easy to create recipes all too many of us struggle under the weight of life convinced we need to work harder to prove to ourselves to others and to god that we are good enough smart enough and spiritual enough to do the things we believe we

should author and bible teacher jennie allen invites us into a different experience one in which our souls overflow with contentment and joy in nothing to prove she calls us to find freedom from self induced pressure by admitting we re not enough but jesus is admit our greatest needs and watch them be filled by the only one who can meet them make it our goal to know and love jesus then watch what he does in and through us as you wade into the refreshing truth of the more than enough life jesus offers you ll experience the joyous freedom that comes to those who are determined to discover what god can do through a soul completely in love with him these pages are what your soul is begging for ann voskamp nothing to prove takes us on a journey toward freedom from the need to measure up mark batterson we love this glorious and universally resounding message louie and shelley giglio this book will help you take your eyes off your problems and put them back on god s promises christine caine

## Summary of Get Out of Your Head

2021-01-29

summary of get out of your head most people become authors for one of two reasons either they know a lot about a subject and want to impart their wisdom or they don t know anything about a subject and need to learn more about it jennie allen the author of get out of your head is the

latter kind of author allen struggled with anxiety and doubt for her entire life however she came to the point where she couldn t handle the anxiety and doubt anymore it negatively affected her well being and her relationships but most importantly her relationship with god allen decided that she needed to learn how to take control of her negative thoughts and fast she began by learning about the brain and how it works what she found was that brain chemistry changes with every thought there is a unique spiral that takes place with thoughts particularly negative ones it begins with negative emotions such as worthlessness this negative emotion takes root within an individual and leads to a thought in this example the thought would be i am worthless that thought though is a lie becomes a lie that we operate from and it impacts our behavior we may start to behave as if we truly are worthless this behavior then impacts our relationships with others our relationships hurt when we believe we are worthless because our behaviors negatively affect others in our relationships from there we suffer the consequences of this spiral we carry with us our negative thoughts and anxieties we hear little comments about ourselves and we internalize them instead of calling them the lies they are we believe them and we begin to act out of them we hear someone call us stupid in biology class and suddenly we think we re stupid we take that with us into other classes and work and it becomes a part of us even though it was a lie to begin with the three main lies people believe are that they are unlovable helpless or worthless these

impact the daily lives we live and all of our relationships and behaviors these anxieties and fears begin to feel real if we let them take root we have to begin to recognize the battle of our thoughts as a spiritual battle our thoughts are not unique to us our negative thoughts can be the enemy trying to dissuade us away from god when that happens we begin to believe the lies he s told us and we can t act in the truth to solve this problem we have to let go of the stronghold the enemy has on us and take our thoughts captive what we think we become we don t have to live with these negative thoughts taking control of us what we think about shapes who we are but we get to choose we can decide which thoughts shape us and which thoughts get cast aside we have the power to stop the downward spiral through redirection the same way we stop bad behavior from our children in order to take our thoughts captive we have to recognize when we have them one of the ways we can do this is by beginning to capture our negative emotions when we feel them we write them down and also write down what is leading us to experience them then we can go through each thought and take it captive we can pray about it and surrender it to god then learn to replace it with a positive thought when we do this we can defeat the downward spiral one of the tools the enemy uses is confusion if he can confuse us by giving us lies and making us believe them then we are wounded in our fight for christ there are quite a few lies that he tells here is a preview of what you will get a full book summary an analysis fun quizzes quiz answers etc get a



copy of this summary and learn about the book

## Chase Bible Study Leader's Guide

2014-01-14

the chase leader s guide serves as a tool to prepare you in leading the chase study and to encourage you along the way it helps you as the leader to effectively point your group to the overarching theme of each lesson and includes the vision for chase session by session helps to guide your group through the study addressing the needs of the various types of learners in your group walk through for using each piece of the study videos the personal study projects in the study guide and the discussion cards helpful tips for leading a group and much more through deep bible study and practical exercises with jennie allen discover that god has carved out a space in each of us that only he can fill are you doing everything right but still feel empty are you so busy doing things for god and everyone else that you altogether miss him do you ever in your busy life stop and see him really see him jennie allen once felt paralyzed in her relationship with god it occurred to her that maybe she was chasing the wrong things maybe god was after something else when she stumbled across the phrase in 1 samuel 13 david was a man after god s own heart she was intrigued she knew david was both completely broken and completely sold out for god david s life shatters our ideas of what god

wants from us in chase jennie shows us a man who spent his life chasing after god designed for use with the following items each sold separately  
chase study guide 9781418549350 chase video study dvd  
9780529104342 chase discussion card set 9781401677794

## Find Your People

2022-02-22

new york times bestseller winner of the ecpa book of the year award the author of get out of your head offers practical solutions for creating true community the kind that s crucial to our mental and spiritual health my dear friend jennie allen shows us how to make true emotional connections with the right people so that our authentic relationships can be healthy for all lysa terkeurst author of it s not supposed to be this way in a world that s both more connected and more isolating than ever before we re often tempted to do life alone whether because we re so busy or because relationships feel risky and hard but science confirms that consistent meaningful connection with others has a powerful impact on our well being we are meant to live known and loved but so many are hiding behind emotional walls that we re experiencing an epidemic of loneliness in find your people bestselling author jennie allen draws on fascinating insights from science and history timeless biblical truth and vulnerable stories from her own life to help you overcome the barriers to making new

friends and learn to initiate with easy to follow steps find simple ways to press through awkward to get to authentic in conversations understand how conflict can strengthen relationships rather than destroy them identify the type of friend you are and the types of friends you need learn the five practical ingredients you need to have the type of friends you ve always longed for you were created to play engage adventure and explore with others in find your people you ll discover exactly how to dive into the deep end and experience the full wonder of community because while the ache of loneliness is real it doesn t have to be your reality

## ***Find Your People Conversation Cards***

2022-02-22

never in the history of civilization have we been more connected and felt more alone we are all so lonely what if fundamentally the ways we have set up our lives is broken we ve withdrawn rather than moved through it we want supper clubs and friends instead of war partners we have a wrong view of community this seven session video bible study begins with a look at the original community in genesis the trinity and the creation of people to see what god had planned for us all along we will also discover throughout the study the five life patterns required to build deep connected relationships proximity shared mission transparency accountability consistency the seven sessions include week 1 introduction

it is not good for man to be alone creation week 2 the disruption of community then the eyes of both were opened and they knew that they were naked shame week 3 proximity i will make my dwelling among you god s presence week 4 transparency and all who believed were together and had all things in common acts week 5 accountability be kind to one another tenderhearted forgiving one another as god in christ forgave you the church grows week 6 shared mission each of you should use whatever gift you have received to serve others jesus and the disciples week 7 consistency your love for one another will prove to the world that you are my disciples the kingdom of god new heavens instructions for use deck of 113 cards includes 1 instruction card 2 scripture cards per session 15 question cards per session available as a card deck or ebook version designed for use with the following items each sold separately find your people study guide plus streaming video find your people video study

## **Proven – Bible Study Book**

2017-04

you don t have anything to prove too many of us walk through life feeling as if we don t measure up we always seem to thirst for more we think if we could only work harder or be better we could be enough but the truth is we will never be enough and thankfully we don t have to be in this 8

session study jennie allen walks through key passages in the book of john to demonstrate how only jesus is enough we don t have to prove anything because jesus has already proven everything discover how our thirsty hearts can only be quenched by the living water features leader helps to guide questions and discussions within small groups seven weeks of personal study segments to complete between eight weeks of group sessions five days of study within each week of personal study benefits learn to take hold of what has already been given to you in christ stop trying to prove yourself because jesus has already proven everything look to jesus for your satisfaction overflow with christ s abundance and bring life to others remind yourself of who you are in christ with scripture grow in biblical literacy with this exploration of the gospel of john

## Stuck Bible Study Leader's Guide

2014-01-14

so many of us live stuck stuck trying to seem perfect stuck in the sadness stuck feeling numb stuck pursuing more stuff to make us happy stuck in something we can t even name these stuck places often go unattended inside of us and they are shaping our lives more than we would like to think we ve been trying to fix this feeling with everything but god he has a plan for these spaces inside of us the places we feel broken but we have to go to him stuck is a journey to take an honest look at the fight going on

inside leading us to the god who has a plan to restore it to restore us this guide serves as a tool to prepare you in leading this stuck study and to help you the leader understand how to lead a group effectively and meet the needs of the various types of learners in your group this leader s guide provides you with helpful tips to effectively point your women to the overarching theme of each lesson and explains how to use the session tools including the video the personal study projects and the conversation cards designed for use with stuck video study 9780849922541 and stuck study guide 9781418548742 sold separately

## ***Anything***

2015-06-09

what if you promised god you would do anything and he took you up on it anything is a prayer of surrender that will move you to stop chasing happiness and start living a surrendered life that matters if you ve ever felt lonely lost or like there must be more to life than constantly keeping up with the joneses then this book is for you previously caught in the dizzying haze of worldly happiness and empty pursuits jennie had had enough she and her husband zac prayed a courageous prayer of surrender god we will do anything anything they went on to begin living out the adventure god had written for them this revised edition is updated throughout to include a new introduction and an in depth bible study

component for those who have been wanting to lead a study on this topic  
join jennie on an adventure to discover your anything including factors  
that inhibit us from living a life of surrender to god what praying anything  
really means what your life might look like having prayed it jennie allen  
shares the biblical truth that our lives are not meant to be safe and  
comfortable but radical and profound discover how little worldly pursuits  
mean until you know the god who s truly worth giving up everything for  
and when you do everything will change anything is also available in  
spanish lo que me pidas

## **Jennie Allen**

2024-02-14

have you ever had the urge to pursue a bigger goal but weren t sure  
where to begin do you have a strong desire to have a significant influence  
on your community and beyond but you face uncertainties and fears the  
book jennie allen a journey of faith leadership and empowerment provides  
readers with an intimate look at the struggles and victories that allen  
faced on her way to becoming the founder of if gathering and a best  
selling author allen is one of the most significant christian leaders of our  
time these pages provide a gripping story that explores the difficulties  
jennie allen encountered while pursuing her degree as well as her early  
years significant life events and decision to follow her vocation this

biography is more than just a factual account of events it s a motivational manual that emphasizes the value of faith tenacity and the guts to pursue one s goals in spite of obstacles the tales of allen s triumphs against career and personal setbacks will enthrall readers as she consistently followed her steadfast faith in god s purpose for her life this book stands out for its capacity to elicit strong emotional responses from the reader while posing thought provoking queries that promote introspection and spiritual development allen s knowledge and insights serve as rays of hope and encouragement reassuring us of the strength of faith and the value of community through motivational statements at the start of each chapter the book jennie allen a journey of faith leadership and empowerment promises that readers can get a lot of insight from allen s experience it s a challenge to delve into one s own faith and see the difference one person can make when they have the courage to answer god s call this book is more than simply a biography it s a manual and a wellspring of inspiration for anybody hoping to change the world

## ***Chase Bible Study Guide***

2012-11-05

what are you chasing through deep bible study and practical exercises with jennie allen discover that god has carved out a space in each of us that only he can fill are you doing everything right but still feel empty are



you so busy doing things for god and everyone else that you altogether miss him do you ever in your busy life stop and see him really see him jennie allen once felt paralyzed in her relationship with god it occurred to her that maybe she was chasing the wrong things maybe god was after something else when she stumbled across the phrase in 1 samuel 13 david was a man after god s own heart she was intrigued she knew david was both completely broken and completely sold out for god david s life shatters our ideas of what god wants from us in chase jennie shows us a man who spent his life chasing after god which points to several things we shouldn t be chasing don t chase self worth by achieving more don t chase freedom by protecting yourself don t chase approval by being moral don t chase satisfaction by rebelling don t chase fulfillment chase god whether you re running from god or working your tail off to please him david s journey will challenge your view of god he is the only thing we can chase that won t leave us feeling more empty the chase study guide uses projects stories and bible study in the life of david to engage the mind and heart designed for use with the chase video study 9780529104342 sold separately

## Down Home with Jennie Allen

1910

the story i got sick then i got better is a comic riff on one woman s

adventures after falling down the medical rabbit hole diagnosed with and treated for ovarian cancer jenny tells her story of the harrowing tailspin she took following her diagnosis

## I Got Sick Then I Got Better

2013

stopping the spiral of toxic thoughts in get out of your head a six session video based bible study jennie inspires and equips us to transform our emotions our outlook and even our circumstances by taking control of our thoughts our enemy is determined to get in our heads to make us feel helpless overwhelmed and incapable of making a difference for the kingdom of god but when we submit our minds to christ the promises of goodness of god flood our lives in remarkable ways it starts in your head and from there the possibilities are endless this guide serves as a tool to prepare you in leading this get out of your head study and to encourage you along the way it helps you as the leader to effectively point your group to the overarching theme of each lesson and point them to the themes of each study this get out of your head leader s guide includes session by session helps to guide your group through the study walk through for using each piece of the study videos study guide and conversation card deck the vision for get out of your head tips for leading your group and much more this guide is designed for use with the get out

of your head video study 9780310116394 sold separately streaming video study guide and conversation cards also available

## ***Get Out of Your Head Bible Study Leader's Guide***

2020-04-07

do you feel stuck so many of us live stuck stuck in trying to seem perfect stuck in sadness stuck feeling numb stuck pursuing more stuff to make us happy stuck in something we can't even name these stuck places often go unattended inside of us and they are shaping our lives more than we would like to think in stuck a seven session video bible study bible teacher jennie allen explores where we are stuck and why we are stuck in anger because we aren't trusting god to defend us we are stuck in discontentment because we are looking to the wrong things for fulfillment we are stuck in worry because we have made something other than god our idol we are stuck doing too much because we don't know our real purpose we are stuck in sadness because we have wrong expectations through deep bible study and practical exercises jennie shows us how we've been trying to fix this stuck feeling with everything but god he has a plan for these spaces inside of us the places we feel broken but we have to go to him stuck is a journey to take an honest look at the fight going on inside leading us to the god who has a plan to restore us our stuck places are the very places that make us ache for god and we find him waiting

there for us with hope and freedom the stuck study guide uses projects stories and bible study to engage the mind and heart sessions and video run times stuck 8 00 broken 7 00 mad 5 30 discontent 8 00 scared 9 00 overwhelmed 8 00 sad 8 30 unstuck 7 30

## **Stuck Bible Study Guide plus Streaming Video**

2024-12-24

do you feel stuck so many of us live stuck stuck in trying to seem perfect stuck in sadness stuck feeling numb stuck pursuing more stuff to make us happy stuck in something we can t even name these stuck places often go unattended inside of us and they are shaping our lives more than we would like to think we ve been trying to fix this feeling with everything but god he has a plan for these spaces inside of us the places we feel broken but we have to go to him stuck is a journey to take an honest look at the fight going on inside leading us to the god who has a plan to restore it to restore us the eight lessons in this study guide are simple and interactive offering projects stories and bible study to dig into scripture to deeply engage the mind and heart because as we realize that our stuck places are the very places that make us ache for god we find him waiting there for us with hope and freedom sessions include stuck broken mad discontent scared overwhelmed sad unstuck designed for use with the stuck dvd 9780849922541 sold separately

## ***Stuck Bible Study Guide***

2011-10-10

what are you chasing are you doing everything right but still feel empty are you so busy doing things for god and everyone else that you altogether miss him do you ever in your busy life stop and see him really see him jennie allen felt paralyzed in her relationship with god it occurred to her that maybe she was chasing the wrong things maybe god was after something else when she stumbled across the phrase in 1 samuel 13 david was a man after god s own heart she was intrigued she knew david was both completely broken and completely sold out for god in chase a seven session video bible study on the life of david jennie shows us a man who spent his life chasing after god instead of what we often chase within ourselves after examining a life chasing after god we learn of several things we shouldn t be chasing don t chase self worth by achieving more don t chase freedom by protecting yourself don t chase approval by being moral don t chase love by running away from guilt don t chase answers by rejecting god don t chase satisfaction by rebelling don t chase fulfillment chase god through deep bible study and practical exercises discover that god has carved out a space in each of us that only he can fill so whether you are running from god or working your tail off to please him david s journey will challenge your view of god he is the only thing we can chase that won t leave us feeling more empty the

chase study guide uses projects stories and bible study in the life of david  
to engage the mind and heart sessions and video run times chase 7 35  
identity 9 00 courage 11 00 obedience 6 35 belief 10 00 repentance 11  
00 surrender 10 00 chased down 11 00

## Chase Bible Study Guide plus Streaming Video

2024-12-24

find your people offers practical ideas for building true community which is vital to our mental and spiritual wellbeing we crave connection significance and more meaningful relationships and jennie shows us how to get there a must read for our tired and lonely spirits we re inclined to live alone in a world that s both more connected and more isolating than ever whether we re too busy or relationships seem hazardous and difficult but science demonstrates that genuine human connection has a tremendous impact on our health live recognized and loved but so many are hiding behind emotional barricades that loneliness is rampant find your people by jennie allen focuses on amazing scientific and historical insights timeless biblical truth and personal tales to help you learn to initiate and overcome barriers to meeting new acquaintances with simple actions the five practical things you need to have the type of friends you ve always wanted you were made to participate adventure and explore find your people shows you how to fully embrace the wonder of

community loneliness is a real feeling but it doesn't have to be

## ***Summary of Find Your People By Jennie Allen***

2022-02-24

you don't have anything to prove too many of us walk through life feeling as if we don't measure up we always seem to thirst for more we think if we could only work harder or be better we could be enough but the truth is we will never be enough and thankfully we don't have to be in this 8 session study dvd digital downloads sold separately jennie allen walks through key passages in the gospel of john to demonstrate how only jesus is enough we don't have to prove anything because jesus has already proven everything discover how our thirsty hearts can only be quenched by the living water learn to take hold of what has already been given to you in christ stop trying to prove yourself because jesus has already proven everything look to jesus for your satisfaction overflow with christ's abundance and bring life to others remind yourself of who you are in christ with scripture grow in biblical literacy with this exploration of the gospel of john instructions for use lay out the cards for the week questions facing up allow each woman to choose her favorite card lay out the scripture cards for that week refer to them as needed for help processing as you share take turns having each woman ask the question on her card allow time for anyone who wants to share or respond deck of

104 cards includes 1 instruction card 2 scripture cards per session 15

question cards per session available also as an ebook version

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## Nothing to Prove Conversation Cards

2021-07-13

what are you chasing we re all chasing after something something that we think will make us happy comfort success a bigger house or someone s approval but if we are all honest it feels like trying to catch the wind a man after god s own heart as david s life weaves throughout the pages of scripture we see he was a man who spent his life chasing after god the chase bible study explores the events that defined david s life and the psalms that flowed out of those experiences through david s example we ll discover what god really wants from us god is invisible and yet he is the only thing we can chase that won t leave us feeling more empty this guide serves as a tool to prepare you in leading this chase study and to help you the leader understand how to lead a group effectively and meet the needs of the various types of learners in your group this leader s guide provides you with helpful tips to effectively point your women to the



overarching theme of each lesson and explains how to use the session tools including the video the personal study projects and the conversation cards designed for use with chase video study 9780849922541 and chase study guide 9781418548742 sold separately

## Chase

2014-02-25

so many of us live stuck stuck trying to seem perfect stuck in the sadness stuck feeling numb stuck pursuing more stuff to make us happy stuck in something we can't even name these stuck places often go unattended inside of us and they are shaping our lives more than we would like to think we've been trying to fix this feeling with everything but god he has a plan for these spaces inside of us the places we feel broken but we have to go to him stuck is a journey to take an honest look at the fight going on inside leading us to the god who has a plan to restore it to restore us this guide serves as a tool to prepare you in leading this stuck study and to help you the leader understand how to lead a group effectively and meet the needs of the various types of learners in your group this leader's guide provides you with helpful tips to effectively point your women to the overarching theme of each lesson and explains how to use the session tools including the video the personal study projects and the conversation cards designed for use with stuck video study 9780849922541 and stuck

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## Stuck

2014-02-11

want to make a move but scared to leave your comfort zone go anyway  
jessica s perspective of global sisterhood and the power of lifting each  
other up in the midst of fear and scarcity is exactly what we need today  
this book is both an invitation and a challenge to bravely show up for  
ourselves for the people we love and for the strangers that we will one  
day call family i say amen brené brown ph d author of the 1 new york  
times bestseller braving the wilderness in imperfect courage the founder  
of the popular fair trade jewelry brand noonday collection shares her story  
of starting the rapid growing business that impacts over 4 500 artisans in  
vulnerable communities across the globe and invites readers on a journey  
of transformation challenging them to trade their comfort zones for a life  
of impact and adventure in 2015 inc magazine recognized noonday  
collection as one of the fastest growing companies in america but years  
earlier as jessica honegger stood at a pawn shop counter in austin texas  
and handed over her grandmother s gold jewelry her goal was much  
more personal to fund the adoption of her rwandan son jack by selling  
artisan made jewelry this first step launched an unexpected side hustle  
that would grow into noonday collection jessica embarked on this new

journey and teamed up with her first artisan partner jalia a ugandan jewelry maker she saw the meaningful impact noonday brought to jalia s community and knew it was the right move fear crept into jessica s heart as she realized her success or failure meant the same for jalia but refusing to let fear hinder her goals jessica found the necessary if imperfect courage she needed along the way the courage to leave comfort and embrace a life of risk and impact discover your imperfect courage in imperfect courage jessica takes you by the hand and invites you to trade your comfort zone for a life of impact and meaning first she invites you to draw a circle of compassion around yourself and leads you through some soul searching aimed at setting you free from shame next she challenges all of us to come together dare to be vulnerable with one another and commit to building a culture of collaboration finally jessica calls on you to broaden your circle of compassion to embrace the entire globe and to bring your beautifully imperfect courage to a world that needs you

## *Imperfect Courage*

2018-08-14

we live in a culture that s all about self becoming the best me i can be instead of becoming like jesus this me centered message affects every area of our lives our friendships our marriages even our faith and it

breaks each one in different ways the self focused life robs our joy shrinks our souls and is the reason we never quite break free of insecurity in this book sharon hodde miller invites us into a bigger jesus centered vision one that restores our freedom and inspires us to live for more she helps readers identify the secret source of insecurity understand how self focus sabotages seven areas of our lives learn four practical steps for focusing on god and others experience freedom from the burden of self focus anyone yearning for a purpose bigger than project me will cherish this paradigm shifting message of true fulfillment

## **The Letters of Jennie Allen to Her Friend Miss Musgrove**

1908

we ve all had situations in our lives where we just couldn t see how we d make it through another day with this book you ll be encouraged and lifted up by rachel a friend who understands how to seek god s strength and healing in the midst of the pain lysa terkeurst author of it s not supposed to be this way learn to overcome obstacles one step at a time through your faith in god life often sends hard things our way illness financial struggles broken relationships and so many kinds of loss sometimes we can t imagine a way forward so how do we keep going when everything is going wrong rachel wojo has learned that hope rises

to greet us when we find the strength to take one more step like you rachel has faced experiences that crushed her dreams of the perfect life a failing marriage a daughter s heartbreaking diagnosis and more in this book she transparently shares her pain and empathizes with yours then points you to the path of god s word where you ll find hope to carry you forward one more step gives you permission to ache freely and helps you believe that life won t always be this hard no matter the circumstances you face through these pages you ll learn to run to god s word when discouragement strikes replace feelings of despair with the truth of scripture persevere through out of control circumstances and gain a more intimate relationship with jesus rachel identifies the reasons you may tempted to quit and shows you where to find the courage to keep going one step at a time you re not alone so don t give up god won t let you down that s a promise

## **Free of Me**

2017-10-03

welcome back to girls night grab your favorite snacks your besties and some open nights on the calendar to take a deep dive into the noteworthy drama sprinkled throughout the bible these days our television entertainment also consists of some pretty outrageous drama but the women of the bible have riveting tales filled with much more exciting story

lines than anything you'll find on a soap opera or reality tv more remarkable housewives of the bible invites you to take a breather from the pressures and distractions of today delve off into the alluring water cooler gossip worthy tales of the biblical housewives and discover the incredible promises of fortitude survival empowerment and love found through their stories in god's word so with that said right now i would like to invite you to join me for a good old fashioned girls night actually several of them whatever time of the day works best for you curl up on the couch with me and let's chat it up over the next few weeks we will have some fun getting to know each other and learning about deborah rahab Leah Abigail and Bathsheba you know the ladies god would love for us to chat about since he divinely plopped them right there in his word for us grab your popcorn friend it's about to get real

## One More Step

2015-10-20

you feel it deep in your bones god is inviting you to join him to participate in his redemptive work in the world and yet as a woman leader you face so many potential obstacles lack of clarity over your unique calling competing time demands changing seasons of life challenges such as self doubt criticism and spiritual dryness with nearly 30 years of ministry experience Angie Ward knows firsthand the unique challenges that women

leaders face as they seek to pursue their calling in i am a leader angie explores the concept of calling as it applies specifically to women leaders those women of influence both in christian ministry and the broader world what is calling how do you discover it and what does it look like to live out that calling practically amid a multitude of challenges thoroughly researched theologically and biblically integrated and uniquely personal i am a leader will resonate no matter where you are on the calling journey whether you are wondering about your god given purpose sensing an inkling of an invitation to a particular ministry or embarking on the path but encountering challenges

## **More Remarkable Housewives of the Bible**

2020-01-31

with millennial and generation z women coming of age in our churches and society new approaches to women s ministry are required to meet their distinct needs drawing on decades of experience ministering to women authors sue edwards and kelley mathews explain how their transformation model can energize women s ministry for all generations and in multiple settings individual chapters are devoted to applying the model which is centered on scripture and building relationships to ministry in the local church the college campus and cross culturally in missions organic ministry to women is packed with practical advice and real life

illustrations of how to implement the principles of the transformation model  
edwards and mathews also profile numerous leading women s ministers  
like jen wilkin priscilla shirer and jackie hill perry drawing wisdom and  
inspiration from their lives and ministries helpful appendixes provide  
additional resources including sample job descriptions for ministry leaders  
a bible study lesson and a training guide for small group leaders a revised  
and expanded version of new doors in ministry to women this updated  
edition takes into account the latest cultural and ministry trends and is an  
invaluable resource for current and future leaders in ministry to women

## I Am a Leader

2020-03-03

what does the bible tell us about our emotions does the bible really tell us  
that our emotions are untrustworthy god made us to feel our emotions to  
examine and share them not manage or suppress them we can learn  
what it means to live emotionally healthy lives from studying jesus life and  
how he cared for and responded to the people around him join jennie  
allen for the untangle your emotions bible study as she helps you  
discover that emotions that are submitted to god and used for the  
purposes god intends connect us to each other and to him this six  
session study will equip you to be encouraged through the examples of  
emotion in scripture by god the father jesus and the holy spirit identify the



unhealthy ways you might be coping with emotions learn a biblical step by step method to help you process name and notice what you are feeling move from apathetic to articulate when it comes to sharing what you feel this study guide includes individual access to six streaming video sessions personal study between sessions leader s guide

## Organic Ministry to Women

2019-09-24

basta de fingir no más teatro no más luchas para justificarte a ti mismo estás cansado por dentro y por fuera estás haciendo todo lo posible para estar a la altura pero aún sientes que estás perdiendo terreno y perdiendo las mejores etapas de la vida no estas solo jennie allen entiende la lucha diaria que muchos de nosotros enfrentamos con la inseguridad y el temor de que no somos lo suficientemente buenos y ella nos invita a una experiencia diferente una en la que nuestras almas rebosan de alegría y felicidad en nada que demostrar ella nos llama a liberarnos de la presión autoinducida admitiendo que no somos suficientes pero con jesús sí dejar de hacer cosas para dios y comenzar a hacer cosas con él admitir nuestras mayores necesidades y ver cómo las llena la única persona que puede satisfacerlas descubrir cómo dios se mueve de una manera formidable a través de aquellos que no tienen nada que proteger y nada que probar ponernos la meta de conocer y

luego amar a Jesús luego observar lo que hace en nosotros y por medio de nosotros al adentrarnos en la refrescante verdad de la vida más que suficiente que ofrece Jesús experimentaremos la gozosa libertad que llega a aquellos que están decididos a descubrir lo que Dios puede hacer a través de un alma completamente enamorada de Él descubre la respuesta a tu sed profunda de alma muchos de nosotros hemos comprado la mentira de que podremos satisfacer nuestros antojos si somos suficientes y si tenemos lo suficiente así que perseguimos la imagen las respuestas las cosas y las personas y nos preguntamos todo el tiempo por qué sigo teniendo sed mi único objetivo con este libro es llevar tu alma sedienta a la única fuente de realización duradera Jesús Él es el agua viva un suministro ilimitado que no solo saciará tu sed sino que te llenará y luego saldrá de ti a un mundo sediento por causa de él eres amado usted es conocido puedes respirar profundamente porque no tienes nada que demostrar Jennie English description no more pretending no more performing no more fighting to prove yourself are you trying your best to measure up yet you still feel as if you're losing ground you are not alone Jennie Allen understands the daily struggle so many of us face with the fear that we are not enough and she invites us into a different experience one in which our souls overflow with contentment and joy in nothing to prove she calls us to find freedom from self-induced pressure by admitting we're not enough but Jesus is admit our greatest needs and watch them be filled by the only one who can meet them make it our goal

to know and love jesus then watch what he does in and through us as you wade into the refreshing truth of the more than enough life jesus offers you ll experience the joyous freedom that comes to those who are determined to discover what god can do through a soul completely in love with him discover the answer to your soul deep thirst too many of us have bought into the lie that our cravings will be satisfied if we are enough and if we have enough so we chase image answers things and people and we wonder all the while why am i still thirsty my single goal with this book is to lead your thirsty soul to the only source of lasting fulfillment jesus he is the living water a limitless supply that will not only quench your thirst but will fill you and then come pouring out of you into a thirsty world because of him you are loved you are known you can take a deep breath because you have nothing to prove jennie

## **Untangle Your Emotions Bible Study Guide plus Streaming Video**

2024-02-13

what are you chasing we re all chasing after something something that we think will make us happy comfort success a bigger house or someone s approval but if we are all honest it feels like trying to catch the wind a man after god s own heart as david s life weaves throughout the pages of scripture we see he was a man who spent his life chasing after god

chase explores the events that defined david s life and the psalms that flowed out of those experiences through david s example we ll discover what god really wants from us god is invisible and yet he is the only thing we can chase that won t leave us feeling more empty the lessons in restless are designed for women to dig deeply into scripture for themselves and complete study projects on their own then during the group meetings they study see and ask they share their insights from their personal study they see the teaching video then use the conversation cards to ask the discussion questions kit includes chase leader s guide chase study guide chase video study dvd chase discussion card set additional chase study guides 9781418549350 can be purchased separately

## **Nada que demostrar: Por qué podemos dejar de esforzarnos tanto / Nothing to Prove: Why We Can Stop Trying So Hard**

2017-09-26

## **Chase Curriculum Kit**

2014-08-19

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